



Games Questionnaire

Ask a grandparent or an elderly relative or person these questions about the games he or she played.

Note: Nutrition Week runs from 14 - 20 October.

Note: International Day of Older Persons falls on 1 October.

Name _____ Age _____
(optional)

What was your favourite game when you were about my age?

How did you play it? _____

What games did you play:
outdoors? _____

indoors? _____

What games, toys or sporting equipment did you have?

What do you think has changed the most about games played now and in the past?

Indicator 1: Sorts foods into categories.

Indicator 2: Recognises healthy groups and why they are important.

Indicator 1: Records written information from an interview.

Indicator 2: Relates to others and shares ideas to collate and compare recorded information.